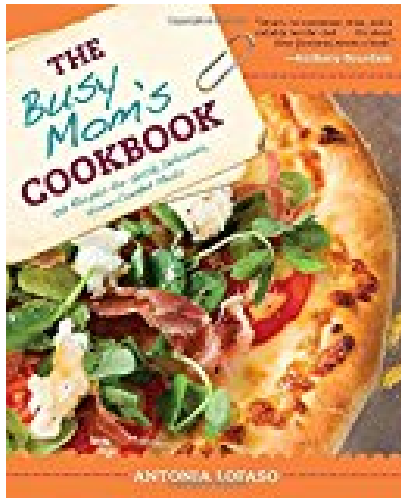


# The Busy Moms Cookbook 100 Recipes for Quick Delicious Home- Cooked Meals

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## BOOK DETAILS

- Author : Antonia Lofaso
- Pages : 224 Pages
- Publisher : Avery
- Language : English
- ISBN : 1583335331

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## BOOK SYNOPSIS

Bravo's Top Chef All-Star and Los Angeles executive chef serves up more than 100 quick and easy family recipes that she developed as a hardworking single mom. America's 26 million working moms face the challenge of getting a delicious home-cooked dinner on the table. For Antonia Lofaso, the issue hits especially close to home, because she holds down multiple jobs—in the food world, no less. She continues to participate in activities and appearances for Bravo and Top Chef while serving as executive chef of Black Market Liquor Bar. Through it all, she has developed a fantastic repertoire of meals that keep families bonded—quick, nourishing, hearty fare that soothes the soul. Showcasing Lofaso's top picks, *The Busy Mom's Cookbook* includes breakfast favorites ranging from pancakes to the world's best blueberry muffins, and easy but satisfying dinners such as Beef Stroganoff with Creamy Pappardelle and Fish Tacos with Corn Tomatillo Salad. She even tackles the brown-bag lunch with choices that the other kids will envy, including BBQ Chicken Pita Pocket and Turkey-and-Swiss Panini. *The Busy Mom's Cookbook* is the first book to bring star-quality culinary expertise to the specific needs of busy parents. Laced with memories and lessons from Lofaso's own experience as a working mom, this cookbook speaks from the heart with inspiring, real-world wisdom and plenty of lighthearted humor to encourage every reader to savor the rewards of making mealtime memorable.

### **THE BUSY MOMS COOKBOOK 100 RECIPES FOR QUICK DELICIOUS**

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